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Is your civic organization having a community event? Post it today in The Reporter's event calendar. Go to The-Reporter. net and click on submit under the calendar tab. This is the

best way of having your event considered for inclusion in the print edition of The Reporter and other publications published by Decker Advertising Inc.

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Detailed descriptions of these positions are online: www.scottmachinecorp.com/job22

## DCEC is now hiring a

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The Reporter is looking for freelance

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Delhi, NY 13753

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The position would also include laborer duties and must be able to work well with the public. Benefits include paid time off, health insurance, NY State retirement, and a team oriented work environment.

Applications available at the Village Hall, 21 North St. or on our website, villageofwalton.com.

Completed applications accepted through October 20th.

Call Butch Smith, 607-865-6110, with questions.

~ The Village of Walton is an equal opportunity employer ~

## **Roxbury Central School** has the following anticipated vacancies:

## URGENT NEED FOR BUS DRIVERS

District will provide training. CDL - Class B w/air brake, passenger and school bus endorsement preferred, but not necessary. Salary starting at \$18.86/hr.

#### Director of Facilities I or II

12-month, Civil Service position with salary & benefits per the CSEA contract, starting November 1, 2023. The successful candidate must have passed or be able to pass the Delaware County Civil Service exam. Salary starting at \$19.42/hr.

Director of Transportation 12-month, Civil Service position with salary & benefits

#### Substitute School Nurse

per the CSEA contract. Salary starting at \$21.48/hr.

Registered Nurse. Salary starting at \$19.13/hr. Written applications may be submitted by 10/30/23 to:

**Stacy Ward, Superintendent** ROXBURY CENTRAL SCHOOL 53729 State Hwy. 30 • Roxbury, NY 12474 • EOE











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Online Bidding Closing: Friday Oct. 20<sup>th</sup> @ 7 pm

Absolutely Sells: Very charming three-bedroom home on 3.2+/- acre lot with 2 car garage. First floor features kitchen w/ dining nook, living room, bedroom, bath with whirlpool and shower, laundry/pantry area, and rear foyer entry area. Upstairs has one bedroom with walk-in closet, one room open to the stairs, and a bath w/ claw foot tub. The garage has an attached workshop, lawn & garden equipment storage area, and what used to be a henhouse. Other features include a Generac back-up power system, circular driveway, and very nice landscaping with mature trees and stonework. In a very desirable neighborhood just outside the village (no village taxes). The property is level to gently sloping as it runs from Rte. 357 back towards Ouleout Creek This property has been in the same family for three generations, and no wonder. It's the kind of property that doesn't come on the market very often. Perfect for someone that wants a little farmette but wants to walk into town. A truly rare opportunity as it Absolutely Sells to the Highest Bidder Regardless of Price without minimum or reserve!

Terms on Real Estate: \$10,000 down payment within three business days of the auction close. Balance due at closing. Property is being sold subject to no contingencies. Any inspections desired must be done prior to the auction.



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#### **DELAWARE COUNTY** Notice of Sale

SUPREME COURT COUNTY OF DELAWARE, U.S. BANK TRUST NATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE FOR RCF 2 ACQUISITION TRUST, Plaintiff, vs. GEORGE E. NEBESNIK, Defendant.

Pursuant to a Default Judgment, Judgment of Foreclosure and Sale and Amendment of Caption duly entered on August 30, 2023, I, the undersigned Referee will sell at public auction at the Delaware County Supreme Courthouse, 3 Court Street, Delhi, NY 13753 on November 8, 2023 at 1:00 p.m., premises known as 58 Pearl Street, Hobart, NY 13788. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Town of Stamford, County of Delaware and State of New York, Section 88.5, Block 7 and Lot 6. Approximate amount of judgment is \$114,138.02 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index #EF2023-85. Cash will not be accepted. COVID-19 safety protocols will be followed at the foreclosure

Stephen F. Baker, Esq., Referee

Knuckles, Komosinski & Manfro, LLP, 565 Taxter Road, Suite 590, Elmsford, NY 10523, Attorneys for Plaintiff



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#### **Walton Central School** District **Legal Notice**

Notice is hereby given that the fiscal affairs of Walton Central School District for the period beginning on July 1, 2022 and ending on June 30, 2023 have been examined by the District's independent public accountant and that the audited financial statements been filed in the District Office where it is available as a public record for inspection by all interested persons.

Kitchen Magic

#### **Town of Bovina** Legal Notice NOTICE IS HEREBY GIVEN

that the Proposed Budget of the Bovina Fire District will be presented for

A PUBLIC HEARING will be held at 6:00 at the Bovina Center Fire Hall, 36 Maple Avenue, Bovina Center, NY on the 24th day of October 2023. Pursuant to Town Law § 105, the Board of Fire Commissioners must hold a public hearing on the budget, make the proposed budget available to the public prior to the public hearing, allow the public to comment on the budget at the public hearing. The purpose of the public hearing is to allow any person to be heard in favor of or against the proposed budget as it is submitted, or for or against any item or items contained in the proposed budget, and hearing all persons interested in the subject concerning the same. A copy of the proposed budget will be available for inspection at the Bovina Center Fire Station.

Board of Fire Commissioners Bovina Center, NY PO Box 39 Bovina Center, NY 13740

#### **Town of Sidney Public Notice**

The Sidney Town Board will be holding a Budget Workshop on Tuesday 24, 2023 at 5:30 P.M. in the Town Board Room, located at 44 Grand Street, Sidney. Public is Welcome.

#### **Town of Sidney Notice to Bidders**

Please take notice, General Municipal Law of the State of New York, that pursuant to authorization of the Town Board of Sidney. Delaware County. SEALED BIDS for the following.

## The Town of Sidney will be accepting sealed bids for a portion of

the roof on the Town Building located 44 Grand Street, Sidney NY over the Historical Society area. To Receive a Bid packet please contact the Town Clerk at 607-

561-2334 or email Clerk@townofsidney.com for bid packets to be emailed to Bidders.

Instructions MUST be followed in order for your bid to be opened! All bids must be accompanied by a non-collusive bid certificate. If your bid is accepted, you must provide proof of prevailing wages and insurance.

Bids will be accepted until **Friday October 27<sup>th</sup>**, **2023**, **at 10:00 a.m.** at the Town Clerk's office at the Town Building. The bids will be opened on **Friday October 27<sup>th</sup>**, **2023**, **at 10:00 a.m.** and will be read out loud in the Board Room in the Town Building- 44 Grand Street, Sidney NY

The bid will be awarded at the next Board Meeting Thursday November 9, 2023, at 7:00 p.m. at the Town Building. The Sidney Town Board can reject any and all bids and re-

By order of the Sidney Town Board Sheila R Paul Sidney Town Clerk



1-800<u>-404</u>-97





**GENERAC** 



#### Public notices/legals submit online 24/7 at: www.The-Reporter.net

## **Public Notices**

NOTICE OF FORMATION OF A LIMITED LIABILITY

## • LEGAL

COMPANY
CLEANLINE BUILDERS LLC
Arts of Org. filed SSNY
10/4/23, Delaware Co. SSNY
design agent for process &
shall mail to Kaitlin Hutchison
1670 S Side Dr Oneonta, NY
13820 General Purpose

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

SpeCulture LLC. Filed 8/24/23. Cty: Delaware. SSNY desig. for process & shall mail 244 Delaware Lake Rd, Long Eddy, NY 12760. Purp: any lawful.

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Washville LLC. Filed with SSNY on 9/5/2023. Office: Delaware County. SSNY designated as agent for process & shall mail to: 2114 Fish Hollow Rd Walton NY 13856. Purpose: any lawful

#### NOTICE OF FORMATION OF A LIMITED LIABILITY

Hannan Hospitality LLC filed w/ SSNY 9/26/23. Off. in Delaware Co. Process served to SSNY - desig. as agt. of LLC & mailed to the LLC, 14 Gardiner PI, Walton, NY 13856. Any lawful purpose.

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Leo's Lawn Care LLC filed w/ SSNY 9/26/23. Off. in Delaware Co. Process served to SSNY - desig. as agt. of LLC & mailed to the LLC, 205 Hillside Dr, Oneonta, NY 13820. Any lawful purpose.

#### Town of Middletown Public Notice

Town of Middletown Public Notice CEMETERY MEETING Halcottville Cemetery Assoc annual plot holders meeting will be held Oct 28th at 4:00 PM at WAWAKA GRANGE, 386 Main St Halcottsville, NY

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of Teed Hill Preserve, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/5/23. Office location: Delaware County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Boris Gilzon, 391 16 St, Brooklyn, NY 11215. Purpose: any lawful activity.

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

B O O K K E E P E R PRODUCTIONS LLC. Filed 4/17/23. Office: Delaware Co. SSNY desig. as agent for process & shall mail to: Po Box 233, New Kingston, NY 12459. Purpose: General

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Laura Maneates, Licensed Mental Health Counselor, PLLC, Arts of Org. filed with Sec. of State of NY (SSNY) 8/15/2023. Cty: Delaware. SSNY desig. as agent upon whom process against may be served & shall mail process to 1805 Federal Hill Rd., Delhi, NY 13753. Purpose: Mental Health Counseling

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Keelbone LLC Auth. filed w/ SSNY 9/12/23. Off. in Delaware Co. Cert of Form filed w/ SSDE 8/7/23. Process served to SSNY - desig. as agt. of LLC & mailed to the LLC, 3389 Floyd Ter., LA, CA 90068. Add. maintained in DE: National Registered Agents, Inc. 1209 Orange St, Wilmington, DE 19801. Name & add. of auth. officer in DE where Cert of Form filed: SSDE. Corp. Div., 401 Federal St, Ste. 4, Dover, DE 19901. Any lawful purpose.

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of 1217
PUTNAM AVE LLC. Articles of
Organization filed with
Secretary of State of NY
(SSNY) on 2023-09-25. Office
location: Delaware County.
SSNY designated as agent of
Limited Liability Company
(LLC) upon whom process
against it may be served.
SSNY should mail process to
Alan Rodriguez-Senesey: 911
Herrick Rd Andes NY 13731.
Purpose: Any lawful purpose

#### Town of Franklin Public Notice

NOTICE IS HEREBY GIVEN that the Franklin Town Board will hold a public hearing on the Town of Franklin Preliminary Budget for 2024, on Wednesday November 8, 2023 at 6:00 P.M. at the Franklin Town Garage, located on the corner of NYS 357 and County Route 21, Franklin, New York. THE MONTHLY TOWN BOARD MEETING WILL IMMEDIATELY FOLLOW. FURTHER NOTICE is hereby given that a copy of the Preliminary Budget is available for inspection during office hours at the Franklin Town Clerk's Office, 554 Main Street, Franklin, New

Pursuant to section 108 of the Town law, proposed salaries of the elected Town Officers are specified as follows:

Supervisor \$3,800.00 Town Justice \$6,500.00 Town Clerk \$13,000.00 Tax Collector \$ 3,500.00 Supt. Of Highway \$56,120.00 Councilman 4 each at \$1,200.00

Dated October 12, 2023 By Order of the Franklin Town Board Sonja Johns, Town Clerk

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

784 MAIN MARGARETVILLE LLC Arts of Org. filed SSNY 9/25/23, Delaware Co. SSNY design agent for process & shall mail to Jessica Olenych 784 Main St Margaretville, NY 12455 General Purpose

## NOTICE OF FORMATION OF A LIMITED LIABILITY

LEGAL NOTICE RALSTON PROPERTIES, LLC Notice of Formation of Limited Liability Company Arts. of Org. of Ralston Properties, LLC ("LLC") filed with Dept. of State of NY on September 13, 2023. Office location: Delaware County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: 461 Quaker Hill Road, Jefferson, New York 12093, principal business address. LLC does not have a specific date of dissolution. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110.

#### Village of Walton

**Help Wanted** Youth Services Coordinator The William B. Ogden Free Library seeks a part time Youth Services Coordinator to fill approximately 20-30 hours per week at \$16.00-\$17.50 /hour. The ideal candidate will be able provide reference, reader's advisory, and and their caregivers, provide story hours, plan and deliver a variety of programs that appeal to children and teens, seek to collaborate with community partners; and offer off-site outreach. This position's work schedule includes working evenings and Saturdays. A full job description is available on the library's website.

Ilbrary's website.

Interested candidates are encouraged to send a cover letter, resume, and three professional references to Heather Johnson, c/o William B. Ogden Free Library, PO Box 298, Walton, NY 13856. Or by email at wa.heather@4cls.org. Resumes will be accepted until the position is filled.

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Silvestri Bluestone Estate LLC. Filed 8/7/23. Office: Delaware Co. SSNY desig. as agent for process & shall mail to: 35 Stevens Rd, Delancey, NY 13752. Registered Agent: United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: General

### SIDNEY CENTER Public Notice

Sidney Center Fire District

District Election Notice is hereby given that the Sidney Center Fire District will be holding an election for one position of Treasurer for a term of three years commencing on January 1, 2024. The election will take place on Tuesday, December 13, 2023 at the Sidney Center Fire Station. 6762 Cty Hwy 35, Sidney Center NY between the hours of 6:00 PM and 9:00 PM. Anyone interested in the position will be required to obtain a nominating petition form from the Fire District Secretary, Geri Mott - 607-369-4538. The completed and signed petition must be returned to her no later than November 16, 2023.

#### Town of Hamden Public Notice LEGAL NOTICE

**LEGAL** 

**NOTICES** 

Notice is hereby given that the Town of Hamden preliminary budget for the fiscal year beginning January 1, 2024 has been completed and filed in the Office of the Town Clerk where it is available for inspection during regular office hours.

Further notice is hereby given that the Town Board will meet and review said budget and hold a public hearing at the Hamden Town Hall at 6:30 pm on the 3rd day of November 2021 and at such hearing any person or persons may be heard in favor of or against the preliminary budget as compiled or for or against any item or items therein contained pursuant to Section 108 of the Town Law and proposed salaries of the following Town Officers and hereby specified as follows:

Supervisor \$9,000 Clerk/Collector 15,400 Councilmen 2,000 ea Town Justice 7,200 Supt of Hwy 58,000

Regular meeting will follow the public hearing.
Dated: October 10, 2023

Dennise Yeary Hamden Town Clerk

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Notice of Formation of Soka Properties LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-25. Office location: Delaware County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to The LLC: P.O. Box98 Margaretville NY 12455-0098. Purpose: Any lawful purpose

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

Hannan Real Estate LLC filed w/ SSNY 9/26/23. Off. in Delaware Co. Process served to SSNY - desig. as agt. of LLC & mailed to the LLC, 14 Gardiner PI, Walton, NY 13856. Any lawful purpose.

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

EST RENTS LLC. Arts. of Org. filed with the SSNY on 09/07/23. Office: Delaware County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 926 Benedict Street, Bohemia, NY 11716. Purpose: Any lawful purpose.

#### Town of Masonville Notice of Meeting

The Masonville Fire District will be holding their annual budget hearing on October 26 at 7:30 pm at the Masonville Town

#### Town of Kortright Notice of Meeting

The Annual Meeting of the North Kortright Cemetery Association will be held on October 23, 2023 at 6:00 pm in the Charlotte Valley Presbyterian Church, Davenport, NY for the purpose of electing 9 Directors and transacting any other business that comes before the meeting.

## Town of Sidney Public Notice Town of Sidney Public Notice

The Sidney Town Board will be holding a **Budget Workshop** on Tuesday October 19, 2023, at 5:30 P.M. in the Town Board Room, located at 44 Grand Street, Sidney. Public is Welcome.

Submit by: Sheila R Paul Sidney Town Clerk

## Town of Sidney Public Notice

Evergreen Hill Cemetery Association

The Evergreen Hill Cemetery Association of Unadilla wants to remind all lot owners/family members that we will be doing our fall cleanup of the cemetery. All the dead flowers, artificial flowers, planters/flowerpots and decorations will be removed on November 4, 2023. Fall decorations placed now and Christmas decorations placed in December will be removed next spring by April 15, 2024. If there are personal items that you want to keep, please remove before the above dates. Thank you from the Cemetery Board Members.

#### DELAWARE COUNTY

NOTICES • LEGAL NOTICES •

**Foreclosure Notice** NOTICE OF SALE SUPREME COURT DELAWARE COUNTY U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE, AS SUCCESSOR-IN INTEREST TO BANK OF AMERICA, N.A., SUCCESSOR TO LASALLE NATIONAL ASSOCIATION, AS TRUSTEE FOR EMC MORTGAGE LOAN TRUST 2005-A, MORTGAGE P A S S - T H R O U G H CERTIFICATES, SERIES 2005-A, Plaintiff against DAWN M. THOMSON A/K/A DAWN THOMSON, et al Defendant(s) Attorney for Plaintiff(s) Fein, Such & Crane, LLP, 28 East Main Street, Suite 1800, Rochester, NY 14614 Pursuant to a Judgment of Foreclosure and Sale entered October 3, 2019, I will sell at public auction to the highest bidder at Delaware County Courthouse, 3 Court St, Delhi NY 13753 on October 27, 2023 at 10:00 AM. Premises known as 549 Stoodley Hollow Road, Walton, NY 13856. Sec 168. Block 1 Lot 14.2. All of those certain piece or parcels of land situate in the Town of Hamden, County of Delaware and State of New York. Approximate Amount of Judgment is \$99,255.32 plus interest, fees, and costs. Premises will be sold subject to provisions of filed Judgment Index No 000283/2017. The foreclosure sale will be conducted in accordance with 6th Judicial District's Covid-19 Policies and foreclosure auction rules. The Referee shall enforce any rules in place

## Delaware Academy CSD at Delhi

**Notice of Meeting** Notice is hereby given that the Board of Education of the Delaware Academy Central School District at Delhi will hold a Regular Board of Education Meeting on Monday, October 23, 2023 at 6:00 pm in the High School Library Media Center. It is anticipated that the Board will convene in an executive session at 4:30 pm to discuss a confidential student matter, with no action to be taken, immediately followed by a

at approximately 6:00 pm, or as soon as executive session business is complete.

Lisa A. Kulaski District Clerk Dated: 10/13/2023

public session

#### NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY

ALPINE GUTTERS LLC. Filed 7/6/23. Office: Delaware Co. SSNY desig. as agent for process & shall mail to: 577 Main St, Apt 4, Franklin, NY 13775. Purpose: General



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LEGAL

#### Town of Walton Legal Notice

LEGAL NOTICE

The Town of Walton will issue Request for Proposals (RFP) to provide a reassessment of all local assessed properties within the assessing unit.
The estimated length of the project is from January 2024 through July 2025.

The Town of Walton will hold a pre-proposal meeting on October 25, 2023 at 10:00 a.m. The RFP will be issued on or about October 11, 2023. Proposals are due by November 8, 2023 by 4:00 p.m. at 129 North Street, Walton, NY 13856.

Walton, NY 13856.
The Town of Walton is an equal opportunity employer and minority and women owned businesses are encouraged to reply. This legal notice, RFP, and any agenda will be posted on the Town of Walton's website at townofwalton.org.
For further information and to

obtain a copy of the RFP contact.
Ronda Williams
Town Clerk
129 North Street
Walton, New York 13856

607-865-5766 waltonclerk@stny.rr.com

## DELAWARE COUNTY Legal Notice

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF DELAWARE

INDEX NO. EF2023-26 SUPPLEMENTAL SUMMONS

regarding facial coverings and

social distancing. John J.

Wadlin, Esq., Referee

SPSNC574

CONTRACTOR COMMISSION

Mortgaged Premises: 7 OAK AVENUE & 5 OAK AVENUE, SIDNEY, NY 13838

Section: 115.15, Block: 6, Lot: 2 AND 3

U.S. BANK TRUST NATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE FOR RCF 2 ACQUISITION TRUST.

Plaintiff,

VS.

PAMELA GAVAN, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF ALFRED F. MERTZ A/K/A ALFRED MERTZ; TIMOTHY MERTZ, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF ALFRED F. MERTZ A/K/A ALFRED MERTZ; CHRISTINE KALATZIS, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF ALFRED F MERTZ A/K/A ALFRED MERTZ; AMBER ROWE, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF ALFRED F. MERTZ A/K/A ALFRED MERTZ; ANGIE SIMPKIN, AS HEIR AND DISTRIBUTEE OF THE ESTATE OF ALFRED F. MERTZ A/K/A ALFRED MERTZ; UNKNOWN HEIRS AND DISTRIBUTEES OF THE ESTATE OF ALFRED F. MERTZ A/K/A ALFRED MERTZ, any and all persons unknown to plaintiff claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be ncluded in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE; UNITED STATES OF AMERICA; LARRY PLOWS; BIANCA PLOWS,

"JOHN DOE #3" through "JOHN DOE #12," the last ten names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises, described in the complaint,

Plaintiff designates DELAWARE as the place of trial situs of the real property

To the above named Defendants

YOU ARE HEREBY SUMMONED to answer the Complaint in the above entitled action and to serve a copy of your Answer on the plaintiff's attorney within twenty (20) days of the service of this Summons, exclusive of the day of service, or within thirty (30) days after service of the same is complete where service is made in any manner other than by personal delivery within the State. The United States of America, if designated as a defendant in this action, may answer or appear within sixty (60) days of service. Your failure to appear or to answer will result in a judgment against you by default for the relief demanded in the Complaint. In the event that a deficiency balance remains from the sale proceeds, a judgment may be entered against you.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above caption action is to foreclose a Mortgage to secure the sum of \$40,000.00 and interest, recorded on December 30, 2005, in Liber 1316 at Page 187, of the Public Records of DELAWARE County, New York., covering premises known as 7 OAK AVENUE & 5 OAK AVENUE, SIDNEY, NY 13838

The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above.

DELAWARE County is designated as the place of trial because the real property affected by this action is located in said county.

NOTICE

YOU ARE IN DANGER OF LOSING YOUR HOME

If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property.

Sending a payment to the mortgage company will not stop the foreclosure action.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

Dated: September 27, 2023

ROBERTSON, ANSCHUTZ, SCHNEID, CRANE & PARTNERS, PLLC Attorney for Plaintiff Matthew Rothstein, Esq. 900 Merchants Concourse, Suite 310 Westbury, NY 11590 516-280-7675

## **Legal Ad or Public Notice**



Deadline: Tuesday by Noon To Place Your Ad, Visit: www.The-Reporter.net



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October 19, 2023

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WALTON, NY

# SPOOKTACULAR SAVINGS E WAS/NOW SALE GOING ON N

**2019 HYUNDAI** 

**ELANTRA SE** 

Silver, 60,700 miles, 4 cyl.

auto., loaded, back-up cam. sat. radio, one owner! (R)

\$18,475 \$315 /72 mos

22 JEEP COMPAS

**TRAILHAWK** 

WAS \$29,975

– NOW -

**WE WELCOME** NEW **CUSTOMERS!** 







\$39,975 \$683 /72 mos





2022 SUBARU

**LEGACY** 

**EXPRESS 2500** 

White, 48,700 miles, 6 cyl

auto., loaded, Extended

Length, Cargo Van

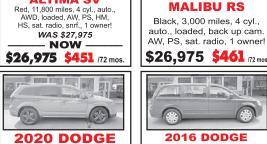


JOURNEY CROSSROAD

Gray, 64,000 miles, 4 cyl., auto., loaded, AW, back-up cam., PS, HS, lthr., sat. radio, snrf, 3rd Row 1 owner! (R)

|\$22,975 **\$393**<sub>172</sub>;













WAS \$33,975

- NOW

\$31,975 \$547 /72 mc

2016 FORD FOCUS SE gold, 51,000 miles, 1 owner! (R)...





**2020 KIA** 

SOUL

- NOW

\$19,975 \$341<sub>/72 mos.</sub>

**2022 SUBARU** 

OUTBACK WILDERNESS

Gray, 4,700 miles, 4 cyl., auto.,

\$23,975 \$410/72 mos

Blue, 36,300 miles, 4 cyl., au





**2020 ACURA TLX** 

Black, 32,400 miles, 4 cvl.

ito., loaded, AW, back-up cam., Ith

WAS \$24,975

- NOW

\$23,975 \$409 /72 mos

2022 CHEVROLET

SILVERADO

WAS \$29.975

- NOW -





**2018 CHRYSLER** 

300 LTD

WAS \$23,975

– NOW -

\$21,975 \$382/72 mos.

2022 RAM 1500

**BIG HORN** 

White, 15,100 miles, 8 cyl., auto 4x4, loaded, back-up cam, HM, H



**TRUCKS & SUVS** 



**2018 CHEVROLET** 

**MALIBU** 

Grav. 47.100 miles. 4 cvl.

.. loaded, AW, back-up

WAS \$19,975

- NOW -

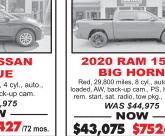
\$18,975 \$329 /72 mos

**2022 BUICK** 

**ENCORE** 

WAS \$25,975

\$24,975 \$418<sub>/72 mos</sub>



..\$28,975 **\$27,975 \$478**/72



**2017 FORD** 

C-MAX

WAS \$15.975

— NOW -

\$**14,975 \$286**/66 mos

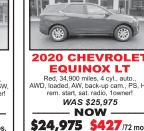
**2022 FORD** 

BRONCO SPORT

Black, 13,600 miles, 4 cyl., auto., loaded, 4x4, back-up cam., AW, PS, HM, HS, HSW, lthr., rem. star

\$35,975 **\$615**/72 mc

ack, 65,700 miles, 4 cyl., auto.



**2017 CHEVROLE** 

SONIC

White, 50,300 miles, 4 cyl., auto.

loaded, back-up cam WAS \$14,975

- NOW

\$12,975 \$248 /66 mos

**2021 FORD** 

F-150 SPORT





**2017 FORD** 

**FOCUS SE** 

WAS \$16,475

- NOW -

\$14,975 \$287/66 mos.

2021 RAM 1500

aded, AW, back-up cam, PS, HM, NA

Gold, 38,000 miles, 4 cyl., aut



**2016 FORD** 

**FOCUS SE** 

40,900 miles, 4 cyl., auto., loa W, back-up cam., 1 owner! (R

WAS \$15,975

- NOW

\$14,975 \$286/66 mo

2021 JEEP

LADIATOR SPORT

WAS \$40,975

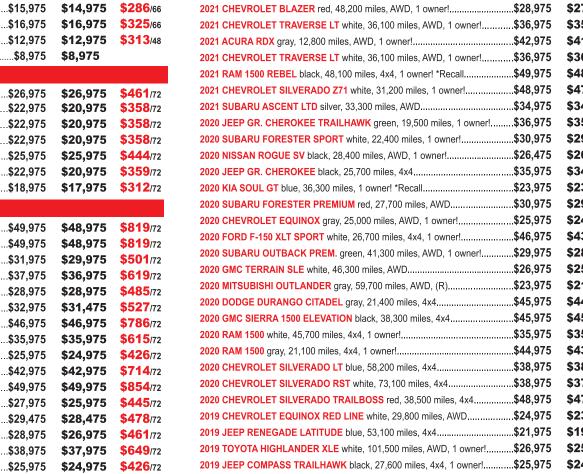
- NOW -

\$35,975 \$614 /72 mos

2022 TOYOTA CAMRY TRD black, 11,100 miles, 1 owner!... \$35,975 **\$35,975** .\$31,975 **\$30,975 \$518**/72 2022 SUBARU LEGACY LTD silver, 1,700 miles, AWD, 1 owner!... 2022 TOYOTA CAMRY XLE red, 12,400 miles, AWD, 1 owner!... .\$34,975 **\$32,975 \$551**/72 2022 MINI COUNTRYMAN ALL 4 green, 41,800 miles, AWD, 1 owner! (R)......\$28,975 \$28,975 \$485/72 ..\$14,975 **\$13,975 \$238**/72 2021 CHEVROLET SPARK LT white, 60,800 miles, 1 owner! (R)...... ..\$21,975 **\$19,975 \$391**/72 2021 CHEVROLET MALIBU LT white, 62,000 miles, (R)....... ..\$17,475 **\$17,475 \$299**/72 2020 KIA SOUL "S" gray, 57,600 miles, auto., (R)... 2020 CHEVROLET MALIBU LT white, 58,700 miles, 1 owner! (R).... .\$20,975 **\$20,975 \$358**/72 2020 CHEVROLET MALIBU silver, 57,700 miles, auto., (R).... .\$20,975 **\$20,975 \$358**/72 2020 HYUNDAI ELANTRA black, 63,300 miles, 1 owner! (R)...... ..\$16,475 **\$15,475 \$264**/72 2020 SUBARU IMPREZA blue, 39,800 miles, AWD, 1 owner!..... ..\$23,975 **\$22,975 \$392**/72 2020 SUBARU LEGACY LTD white, 49,500 miles, AWD....... ..\$28,975 **\$27,975 \$478**/72 2019 FORD FIESTA SE silver, 39,700 miles, auto., (R)...... ...\$13,975 **\$12,975 \$222**/72 2019 MITSUBISHI MIRAGE white, 57,700 miles, 1 owner! (R)....... ...\$12.975 **\$11.975 \$204**/72 .\$12.975 **\$11.975 \$204**/72 2019 MITSUBISHI MIRAGE red. 57,200 miles, auto... (R) .\$22.975 **\$22.975 \$393**/72 2019 SUBARU IMPREZA gray, 30,800 miles, 1 owner! \*Recall...... .\$12.975 **\$11.975 \$204**/72 2019 MITSUBISHI MIRAGE black, 61,400 miles, 1 owner! (R)...... 2019 HYUNDAI ELANTRA SE silver, 60,700 miles, 1 owner! (R),..... ...\$16,975 **\$15,975 \$273**/72 2019 NISSAN SENTRA blue, 52 300 miles, auto .\$19.975 **\$18.975 \$324**/72 .\$18.975 **\$17.975 \$307**/72 2019 FORD FUSION gray, 59,100 miles, 1 owner!... 2019 DODGE CHALLENGER black, 35,600 miles, 1 owner! (R).... .\$28,975 **\$27,975 \$478**/72 ..\$14,975 **\$13,975 \$239**/72 2019 FORD FIESTA SE silver, 72,300 miles, 4 cyl., auto...... 2018 DODGE CHARGER GT black, 44,800 miles, AWD, 1 owner!.... ..\$26,975 **\$25,975 \$452**/72 .\$15.975 **\$14.975 \$286**/66 **2017 FORD FOCUS SE** gold, 49,100 miles, 1 owner! (R)... ..\$15,975 **\$14,975 \$286**/66 **2017 FORD FOCUS SE** gold, 51,200 miles, 1 owner! (R)...

2016 BMW 3201 X DRIVE black, 82,500 miles, AWD	\$12,975	\$16,975 \$12,975 \$8,975	\$325/66 \$313/48
VANS			
2021 CHRYSLER PACIFICA silver, 61,800 miles, 1 owner! (R)	\$22,975 \$22,975 \$22,975 \$25,975 \$22,975	\$26,975 \$20,975 \$20,975 \$20,975 \$25,975 \$20,975 \$17,975	\$461/72 \$358/72 \$358/72 \$358/72 \$444/72 \$359/72 \$312/72
TRUCKS & SUVS	3		
2022 RAM 2500 BIG HORN white, 46,700 miles, 1 owner! (R). *Recall         2022 RAM 2500 BIG HORN white, 40,800 miles, 1 owner! (R)         2022 JEEP COMPASS black, 4,400 miles, 4x4, 1 owner!         2022 HYUNDAI SANTA CRUZ tan, 27,500 miles, AWD, 1 owner. *Recall	\$49,975 \$31,975 \$37,975	\$48,975 \$48,975 \$29,975 \$36,975	\$819/72 \$819/72 \$501/72 \$619/72
2022 CHEVROLET SILVERADO white, 12,700 miles, auto., (R)	\$32,975 \$46,975	\$28,975 \$31,475 \$46,975 \$35,975	\$485/72 \$527/72 \$786/72 \$615/72
2021 SUBARU CROSSTREK red, 29,100 miles, 4X4, 1 owner!	\$25,975 \$42,975	\$24,975 \$42,975 \$49,975	\$426/72 \$714/72 \$854/72
2021 NISSAN POCHE SV white 59 000 miles AWD 1 award	\$27.075	\$25,075	\$445m

2020 NICCAN NOCCE CV Black, 20,400 Hilles, AVD, 1 OWNER:	\u0,010	Ψ <b>2</b> 0,570	Ψ-1-1/12
2020 DODGE JOURNEY CROSSROAD gray, 61,100 miles, (R)	.\$22,975	\$20,975	<b>\$359</b> /72
<b>2018 DODGE GR. CARAVAN</b> red, 75,900 miles, 1 owner! (R)	\$18,975	\$17,975	<b>\$312</b> /72
TRUCKS & SUVS			
2022 RAM 2500 BIG HORN white, 46,700 miles, 1 owner! (R). *Recall	.\$49,975	\$48,975	<b>\$819</b> /72
<b>2022 RAM 2500 BIG HORN</b> white, 40,800 miles, 1 owner! (R)	.\$49,975	\$48,975	<b>\$819</b> /72
2022 JEEP COMPASS black, 4,400 miles, 4x4, 1 owner!	\$31,975	\$29,975	<b>\$501</b> /72
2022 HYUNDAI SANTA CRUZ tan, 27,500 miles, AWD, 1 owner. *Recall	\$37,975	\$36,975	<b>\$619</b> /72
2022 CHEVROLET SILVERADO white, 12,700 miles, auto., (R)	\$28,975	\$28,975	<b>\$485</b> /72
2022 SUBARU CROSSTREK blue, 21,700 miles, AWD, 1 owner!	\$32,975	\$31,475	<b>\$527</b> /72
<b>2022 RAM 3500</b> white, 21,600 miles, 4x4, 1 owner!	.\$46,975	\$46,975	<b>\$786</b> /72
2021 JEEP GR. CHEROKEE black, 23,900 miles, 4x4, 1 owner!	.\$35,975	\$35,975	<b>\$615</b> /72
2021 SUBARU CROSSTREK red, 29,100 miles, AWD, 1 owner!	.\$25,975	\$24,975	<b>\$426</b> /72
<b>2021 RAM 2500</b> black, 47,800 miles, 4x4, 1 owner! (R)	.\$42,975	\$42,975	<b>\$714</b> /72
<b>2021 RAM 2500 BIG HORN</b> white, 33,300 miles, 4x4, 1 owner! (R)	.\$49,975	\$49,975	<b>\$854</b> /72
2021 NISSAN ROGUE SV white, 58,900 miles, AWD, 1 owner!	\$27,975	\$25,975	<b>\$445</b> /72
2021 JEEP CHEROKEE LAT. gray, 30,800 miles, AWD	\$29,475	\$28,475	<b>\$478</b> /72
2021 HONDA HR-V SPORT gray, 27,800 miles, AWD, 1 owner!	\$28,975	\$26,975	<b>\$461</b> /72
2021 CHEVROLET SILVERADO LT blue, 25,300 miles, 4x4, 1 owner!	.\$38,975	\$37,975	<b>\$649</b> /72
<b>2021 MAZDA CX-30 SE</b> black, 20,000 miles, AWD, 1 owner!	.\$25,975	\$24,975	<b>\$426</b> /72
2021 CHEVROLET EQUINOX blue, 35,900 miles, AWD, 1 owner!	.\$25,975	\$24,975	<b>\$427</b> /72





36,975	<b>\$632</b> /72	2019 TOYOTA TACOMA SP
18,975	<b>\$837</b> /72	2019 CHEVROLET EQUINO
17,975	<b>\$820</b> /72	2019 CHEVROLET SILVER
34,975	<b>\$598</b> /72	<b>2019 MAZDA CX9</b> gray, 46,
35,975	<b>\$614</b> /72	2019 RAM 2500 BIG HORN
29,975	<b>\$512</b> /72	2019 CHEVROLET SILVER
26,475	<b>\$453</b> /72	2019 SUBARU FORESTER
34,975	<b>\$597</b> /72	2019 RAM 1500 BIG HORN
23,975	<b>\$410</b> /72	2018 JEEP GR. CHEROKEI
29,975	<b>\$512</b> /72	2018 SUBARU FORESTER
24,975	<b>\$427</b> /72	2018 GMC SIERRA 1500 EI
13,975	<b>\$752</b> /72	2018 GMC CANYON DENA
28,975	<b>\$495</b> /72	2018 SUBARU FORESTER
25,975	\$444/72	2018 CHEVROLET SILVER
21,975	<b>\$410</b> /72	2018 HONDA PILOT EX-L v
14,975	<b>\$768</b> /72	2018 CHEVROLET SILVER
15,975	<b>\$786</b> /72	2018 NISSAN ROGUE white
35,975	\$615 <sub>/72</sub>	2017 CHEVROLET SILVER
13,975	<b>\$752</b> /72	2017 CHEVROLET SILVER
38,975	\$665/72	2017 GMC ACADIA SLE red
37,975	\$649/72	2017 CHEVROLET SIVLER
17,975	\$820/72	2017 CHEVROLET SIVLER
23,975	\$409/72 \$344/70	2016 FORD F-150 blue, 88,0
19,975	\$341 <sub>/72</sub>	2016 CHEVROLET SIVLER
25,975	\$443/72 \$436/70	2015 JEEP GR. CHEROKEI
24,975	<b>\$426</b> /72	2013 JEEP GR. CHERUKEI

...\$19,975 \$18,975 \$324/72 2013 TOYOTA RAV IV XLE white, 98,900 miles, AWD...

i ii ocks a sov.	<u> </u>		
2019 FORD ESCAPE SE blue, 62,300 miles, AWD, 1 owner!	\$21,975	\$20,975	<b>\$359</b> /72
<b>2019 RAM 1500 CLASSIC</b> red, 43,400 miles, 4x4	\$35,975	\$34,475	<b>\$589</b> /72
2019 CHEVROLET TAHOE LS black, 62,300 miles, 4x4	\$39,975	\$37,975	<b>\$649</b> /72
2019 TOYOTA TACOMA SPORT gray, 90,400 miles, 4x4, 1 owner! *Recall.	\$29,975	\$28,975	<b>\$495</b> /72
2019 CHEVROLET EQUINOX LT blue, 105,100 miles, AWD	\$20,975	\$19,975	<b>\$341</b> /72
2019 CHEVROLET SILVERADO TRAILBOSS blue, 75,800 miles, 1 owner!	\$36,975	\$35,975	<b>\$615</b> /72
2019 MAZDA CX9 gray, 46,700 miles, AWD, 1 owner!	\$27,975	\$26,975	<b>\$461</b> /72
2019 RAM 2500 BIG HORN red, 32,800 miles, 4x4	\$44,975	\$43,975	<b>\$752</b> /72
2019 CHEVROLET SILVERADO LT black, 25,600 miles, 4x4, 1 owner!	\$37,975	\$36,975	<b>\$632</b> /72
2019 SUBARU FORESTER PREM. white, 92,400 miles, AWD	\$22,975	\$22,975	<b>\$393</b> /72
2019 RAM 1500 BIG HORN black, 91,700 miles, 4x4. *Recall	\$29,975	\$29,975	<b>\$512</b> /72
2018 JEEP GR. CHEROKEE LTD white, 76,300 miles, 4x4	\$28,975	\$26,975	<b>\$468</b> /72
2018 SUBARU FORESTER gray, 109,200 miles, AWD	\$20,975	\$19,975	<b>\$347</b> /72
2018 GMC SIERRA 1500 ELEVATION black, 44,400 miles, 4x4	\$34,975	\$34,975	\$608/72
2018 GMC CANYON DENALI black, 88,100 miles, 4x4	\$34,975	\$33,975	<b>\$590</b> /72
2018 SUBARU FORESTER PREM. gray, 61,800 miles, AWD	\$22,975	\$22,975	\$399/66
2018 CHEVROLET SILVERADO 1500 LT gray, 126,800 miles, 4x4	\$25,975	\$25,975	<b>\$452</b> /72
2018 HONDA PILOT EX-L white, 98,700 miles, AWD	\$24,975	\$24,975	\$434/72
2018 CHEVROLET SILVERADO LT black, 48,000 miles, 4x4	\$34,975	\$34,975	<b>\$598</b> /72
2018 NISSAN ROGUE white, 58,100 miles, AWD	\$20,975	\$20,975	<b>\$365</b> /72
2017 CHEVROLET SILVERADO LT red, 37,700 miles, 4x4	\$35,975	\$34,975	<b>\$669</b> /66
2017 CHEVROLET SILVERADO Z71 red, 86,600 miles, 4x4	\$31,975	\$31,975	<b>\$612</b> /66
2017 GMC ACADIA SLE red, 100,000 miles, AWD	\$21,975	\$20,975	<b>\$402</b> /66
2017 CHEVROLET SIVLERADO red, 86,700 miles, 4x4	\$33,975	\$33,975	<b>\$650</b> /66
2017 CHEVROLET SIVLERADO LT red, 32,700 miles, 4x4	\$34,975	\$33,975	\$650/66
2016 FORD F-150 blue, 88,000 miles, 4x4	\$26,975	\$26,975	<b>\$516</b> /66
2016 CHEVROLET SIVLERADO 2500 gray, 41,200 miles, 4x4	\$43,975	\$42,975	<b>\$823</b> /66
2015 JEEP GR. CHEROKEE LAREDO gray, 85,100 miles, 4x4	\$18,975	\$18,975	<b>\$458</b> /48

..\$13,975 **\$11,975 \$229**/66

..\$15,975 **\$14,975 \$287**/66

..\$15,475 **\$14,475 \$277**/66

..\$15,475 **\$14,475 \$277**/66

..\$15,975 **\$14,975 \$287**/66

..\$14,975 **\$13,975 \$267**/66



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2017 CHEVROLET SONIC white, 85,300 miles, 1 owner!...

**2017 FORD FOCUS SE** gold, 55,200 miles, 1 owner! (R)...

2017 FORD FOCUS SE black, 65,200 miles, 1 owner!.

2017 FORD FOCUS SE gray, 62,200 miles, 1 owner!...

2017 FORD FOCUS SE white, 55,600 miles, 1 owner!..

2016 CHEVROLET MALIBU gray, 94,200 miles, auto., (R)...



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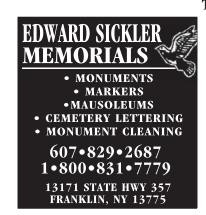
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Mon. Oct. 16<sup>th</sup> - Cull Dairy ave. \$.82 top cow \$1.10, Cull Beef \$.87- \$1.05, Organic cull dairy \$.78 - \$1.07, Maiden heifers (1585#- 1610#) \$1.06 - \$1.40), Bulls (over 1200#) \$1.15 - \$1.35, Dairy Feeders \$.52 - \$1.22, Feeder heifers - \$1.57 - \$2.24, Feeder Steers \$1.55 - \$2.16, Feeder bulls \$1.76 - \$2.09, Bull calves top \$3.20 top beef calf \$7.60, Heifer calves top \$1.25 beef calves top \$7.30,

Sat. Oct. 28th - Fall Premier All Breed Dairy Sale 11:30 AM. Selling 130 head of Registered Dairy Cattle all Breeds for this sale. Featuring Milking Herd & Bred Heifers for Gold-Bar Holsteins. Other great consignments from Ceder-Lane, Maiden-Kine, Honor-Roe, Allen Peters, RRR Dairy, Blue-Gene, Den-Rein, Wisbee, Je-Rey, Locust-Vale, Jessa Farms, Kuperus Meadows, Mithva Farm, Fantasy-Found, Medallion Jerseys, Bellvale, Weissmann Farm plus many more.

Mon. Oct. 30<sup>th</sup> - Normal Monday Sale.

Mon. Nov. 6th - Normal Monday Sale & Monthly Fat Cow & Feeder Sale

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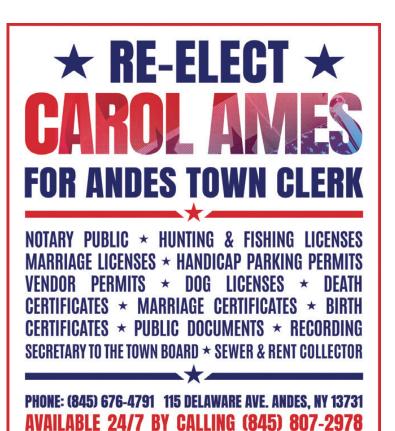
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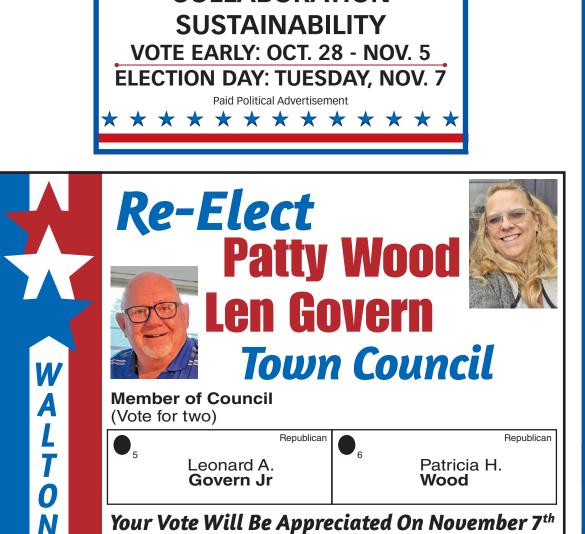


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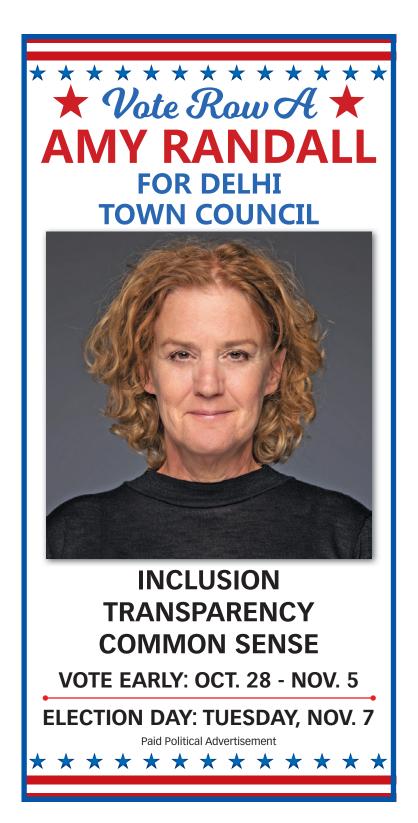


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# Breast Cancer

AWARENESS MONTH

## **Breast cancer FAQ**

The World Health Organization reports that roughly 2.3 million women were diagnosed with breast cancer in 2020. By the end of that year, there were nearly eight million women alive who had been diagnosed with the disease in the previous half decade.

A breast cancer diagnosis inevitably leads to questions about the disease. The bulk of those questions undoubtedly are asked by the millions of women who are diagnosed with breast cancer. But millions more individuals, including friends and family members of recently diagnosed women, may have their own questions. Women can discuss the specifics of their diagnosis with their physicians. In the meantime, the following are some frequently asked questions and answers that can help anyone better understand this potentially deadly disease.

#### What is breast cancer?

Cancer is a disease marked by the abnormal growth of cells that invade healthy cells in the body. Breast cancer is a form of the disease that begins in the cells of the breast. The National Breast Cancer Foundation notes that the cancer can then invade surrounding tissues or spread to other areas of the body.

# Can exercise help to reduce my breast cancer risk?

The NBCF notes that exercise strengthens the immune system and women who commit to as little as three hours of physical activity per week can begin to reduce their risk for breast cancer. However, even routine exercise does not completely eliminate a woman's risk of developing breast cancer.

## Is there a link between diet and breast cancer?

The organization Susan G. Komen\*, a nonprofit source of funding for the fight against breast cancer, reports that studies have shown eating fruits and vegetables may be linked to a lower risk for breast cancer, while consuming alcohol is linked to an increased risk for the disease. In addition, the NBCF reports that a high-fat diet increases breast cancer risk because fat triggers



estrogen production that can fuel tumor growth.

# Is there a link between oral contraceptives and breast cancer?

The NBCF reports that women who have been using birth control pills for more than five years are at an increased risk of developing breast cancer. However, the organization notes that risk is very small because modern birth control pills contain low amounts of hormones.

## Can breastfeeding reduce breast cancer risk?

Breastfeeding and breast cancer are linked, though the NBCF notes that the role breastfeeding plays in lowering cancer risk depends on how long a woman breastfeeds. The World Cancer Research Fund International notes that evidence indicates that the greater number of months women continue breastfeeding, the greater the protection they have against breast cancer.

# Is there a connection between stress and breast cancer?

The NBCF notes that researchers have found that traumatic events and losses can alter how the immune system functions, which can provide an opportunity for cancer cells to establish themselves within a person's body. The NBCF urges women to identify ways to keep their stress levels in check.

Breast cancer education can be a valuable asset as women seek to reduce their risk for the disease.





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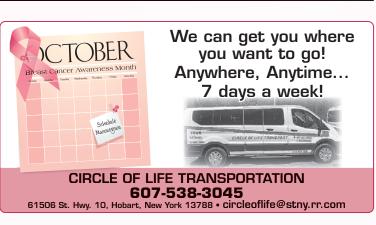
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## Did you know?

Cancer Society, breast cancer mainly occurs in middle-aged or older women. In fact, the median age at the time of a breast cancer diagnosis is 62. Though it's possible for women far younger than 62 to be diagnosed with breast cancer, the ACS reports that only a very small number of women younger than 45 are diagnosed with the disease each year.

Despite the average age of onset being over 60, breast cancer

According to the American is highly treatable. The World Health Organization notes that breast cancer treatments routinely achieve survival probabilities of 90% or higher. However, those probabilities decline considerably in lower-income countries where access to screening and other medical services is limited. For example, the World Health Organization notes that five-year survival rates for breast cancer routinely surpass 90% in high-income countries like the United States and Canada. Those rates are as low as 40% in South Africa, where early detection of the disease is less likely than it is in wealthier nations.

That disparity in survival rates underscores the need for greater resource allocation in lower-income countries, but also highlights the effectiveness of women are taught to report any abnormalities with their breasts.

#### screening and other measures in high-income countries where

## Early warning signs for breast cancer

Breast cancer affects millions of women across the globe every year. According to the World Health Organization (WHO), breast cancer is the most frequent cancer among women, affecting 2.1 million women each year. As daunting as that may seem, the WHO also notes that early diagnosis can greatly reduce a woman's risk of dying from breast cancer.

Women can be proactive in the fight against breast cancer by learning to identify early warning signs of the disease. The nonprofit breast cancer advocacy organization Susan G. Komen® notes that the warning signs for breast cancer are not the same for all women, but the most common signs include a change in the look or feel of the breast or a change in the look or feel of the nipple. A discharge from the nipple is another common warning sign of breast cancer.

Physical changes in the breast can vary, but Susan G. Komen® advises women who notice these changes to bring them to the attention of their physicians imme-

- · Lump, hard knot or thickening inside of the breast or underarm area
- Change in the size or shape of
- the breast • Swelling, warmth, redness or
- darkening of the breast • Dimpling or puckering of the

skin Women with breast cancer also may notice physical changes

- in their nipples, including: • Itchy, scaly sore or rash on the nipple
- Pulling in of the nipple or other parts of the breast

ognize that physical changes in their breasts are not necessarily indicative of breast cancer. In fact, the American Breast Cancer Foundation notes that not all lumps in the breast cause cancer and that many such lumps are benign. Fibroadenomas and intraductal papillomas are examples of benign lumps, though it's important to note that even benign conditions such as these may put women at greater risk of developing breast cancer.

Susan G. Komen® notes that breast tissue naturally has a lumpy texture. If lumpiness can be felt throughout the breast and it feels like your other breast, then it's likely that this is just the normal texture of your breasts.

However, women concerned by a lump or lumpy texture are urged to discuss those concerns with their physicians immediately.

Discharge from the nipple is another potential sign of breast cancer, but Susan G. Komen® notes that such discharge is rarely a sign of cancer. Discharges that occur without squeezing the nipple, occur in only one breast or are bloody or clear are potentially indicative of more serious conditions, including breast can-

Breast cancer is a formidable foe. But women who arm themselves with knowledge of the disease, including its early warning signs, are in better position to overcome it.





## Can breast cancer be prevented?

Breast cancer occurs when there is rapid growth of mutated (cancerous) cells in the tissues of the breasts, and potentially in the surrounding skin and lymph nodes. Various factors contribute to the development of cancer, including genetics, gender, environmental exposure to certain materials, and lifestyle choices like diet and exercise.

While there are steps women can take to lower their risk of developing breast cancer, there is no way to completely prevent the disease. Even preventative surgical removal of the breasts, known as prophylactic mastectomy, cannot eliminate every breast cell, leaving open the possibility that breast cancer can develop.

The Siteman Cancer Center reminds people that these strategies can help to lower breast can-

cer risk as much as possible: • Limit alcohol consumption, or do not drink at all.

- Maintain a healthy weight.
- · Eat plenty of fruits and veg-
- Breastfeed, if possible.
- · Don't smoke, as smoking is related to the formation of 15 different cancers.
- Engage in regular exercise, aiming for at least 30 minutes per day.

traceptive products, particularly after the age of 35, and weigh the pros and cons of hormonal menopause treatment.

• Avoid hormone con-

 Schedule and undergo regular mammograms.

Speak with a doctor about your

family history of breast cancer and take added precautions if there is a significant family history and/or genetic factors that make you more vulnerable.

Breast cancer is prolific. Although the disease is not entirely preventable, there are many ways for women to reduce their risk of developing it.



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